



ACTIVE | HEALTHY | TOGETHER

MOUNTAIN RECREATION DAY CAMP PARENT HANDBOOK



ACTIVE | HEALTHY | TOGETHER

Gypsum Recreation Center

52 Lundgren Blvd
Gypsum, CO 81637
(970) 777-8888

Eagle Pool & Ice Rink

1700 Bull Pasture Road
Eagle, CO 81631
(970) 328-5277

Edwards Field House

450 Miller Ranch Rd
Edwards, CO 81632
(970) 766-5555

REC KIDS DAY CAMP PARENT HANDBOOK

Dear Parents and Guardians,

Mountain Recreation camp staff and management thank you for sending your child / children to our Full Day Camps. We strive to create a safe and fun experience here at our facilities. You can help us make the time here at camp the best it can be by reading our handbook and following our guidelines.

Purpose and Philosophy of Camp: Our vision of our day camp program is to create a safe, nurturing environment that promotes self-esteem, fun, and provide youth opportunities to participate in a variety of developmentally positive life-long leisure activities.

Camp Core Values: Courage, Joy, Community, Learning, & Excellence

Camp Operations

For the Summer of 2019, our full day camps operate from June 13-August 16 and when Eagle County Schools are not in session. Camps are run out of our three locations, the Gypsum Recreation Center, the Eagle Pool and Rink and the Edwards Field House. This summer, full day camps will not be available on July 4th, in celebration of Independence Day. If at any time camps will not be available or open for operation, all participants will be notified in advance.

Fee Details

\$40 Daily

\$25 Half Day & Extended Camps

\$150 Weekly (Summer Only)

\$55 Friday Fun Days (Summer Only)

Payments Accepted: Cash, Credit Cards, Checks

EDWARDS FIELD HOUSE LOCATION- 0450 Miller Ranch Rd, Edwards CO 81632 (970) 766 5555

Program Spaces Include: Anti-Gravity Center, Gymnastics Center, Rock Climbing, Bouldering Wall, Sport Court, Indoor Turf Field, Spray Park, Playground, Grass Sports Fields, Community Rooms, and Paved Trails

EAGLE POOL N ICE RINK LOCATION- 1700 Bull Pasture Rd, Eagle CO 81631 (970) 328 5277

Program Spaces Include: Outdoor Pool, Ice Rink, BMX Track, Tennis Courts, Sport Court, Brush Creek Park, Eagle Ranch Bike Paths and Outdoor Fields

GYPSUM RECREATION CENTER LOCATION- 52 Lundgren Blvd, Gypsum CO 81637 (970) 777 8888

Program Spaces Include: Rock Climbing Wall, Bouldering Wall, Gymnastics Center, Indoor Swimming Pool, Indoor Track, Grass Fields, Community Room, Gypsum Town Park, Gypsum Public Library, Gypsum Town Stage and Playground



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REGISTRATION INFORMATION

All registration forms and waivers must be turned in before the first day the child starts at camp. All current forms will be kept on file for the calendar year. If the required forms are not received within the proper time limit, the child will be denied admission to the camp until the forms are submitted. *Our Day Camps are Licensed through the State of Colorado, Division of Human Services. State Licensing requires that campers **must turn 5 years old** prior to attending camp**

REQUIRED FORMS:

- State Required Forms
- Copy of Child's Colorado Immunization Form

Additional Forms:

- Medication Administration Form
- Child Release Wavier

How To Get Forms

- In Person- You may visit any of our 3 facilities
- Online- Visit www.mountainrec.org/stateforms

Where To Submit Forms

- In Person- You may visit any of our 3 facilities.
- Email- You may send your forms to knolasco@mountainrec.org

Forms may take up to 48 hours for approval. We do not recommend submitting forms day of camp.

Americans with Disabilities Act:

Mountain Recreation is committed to supporting the Americans with Disabilities Act. Please contact us if you require special accommodations for participation.

Registration Policies

Refund Policy: A 50% refund will be issued when cancelled 48 hours or more prior to the start of the camp. All check and credit card refunds will include a \$5 surcharge. Refunds or credit will not be issued for missed days.

Late Pick-Up Policy:

There will be a fee for late pick-up of your camper after 5:30pm. The fee is \$1 per minute per child and is due at the time of late pick-up. Any overdue fees will result in the child(ren) not being accepted into camp until it has been paid. There will be no refunds for days missed due to lack of payment on a late fee.

Sick Days Policy: If your child is sick, please call your camp location before 8:30am. 100% Mountain Recreation Credit will be given for sick days if we receive a doctor's note within 48 hours of the day(s) missed. Otherwise, refunds will not be given for sick days.

Transferring Camp Days: Each transfer will include a \$5 charge for each child. All changes must be made at least 2 days prior to the day, week or session affected by the change. If purchasing weekly (Mon-Thu) changes need to be made within the week purchased. You will not be able to trade days outside of that week.

Authorized Pick-Up List: "Authorized Persons" are those listed in your State Required Form who have been given authorization to pick up your child. All authorized persons must present a photo ID at pick-up. Please remember to bring your photo ID. We will not allow your child to leave with anyone unless previously arranged. If you need to add to your authorized pick-up list, you must drop-off a written permission slip with your signature, at least one day in advance. This is for the safety of your child and we will strictly adhere to it.



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Early / Late Pick-Up: If a child is dropped off late, the group may no longer be on the premises, or moved onto the daily activities. Front desk will assist locating camp, but parents are responsible to get them to their group. Our camp programs will not always be at one location. If you need to pick your child up early, please notify the camp staff morning-of to find out where your child will be at the time you want to pick them up. On field trip days, early pick-up will not be possible.

Visitors: Persons coming to visit are welcome. We do, however, ask them to check in and out at the front desk. When signing in, visitors will be asked to show a picture ID for verification, sign the VISITOR SHEET and receive a visitor pass. Visitors under the age of 18 must be accompanied by an adult.

<p>Drop-off Times: 7:30AM – 9:00AM Parents are required to sign the Sign-In/Out-Sheet for their child(ren) each camp day.</p>	<p>Pick-up Times: 4:00PM-5:30PM Parents and pre-authorized individuals must sign the Sign-In/Out-Sheet for their child(ren) at the end of each day.</p>
<p style="text-align: center;">Friday Drop-Off / Pick-Up: Friday Fun Days: Drop-off between 7:30-8am, and pick-up between 5-5:30pm. We will be traveling on Fridays. The bus will leave by 8am on most Fridays. No refunds are issued for missing the bus.</p>	
<p>What to Bring to Camp:</p> <ul style="list-style-type: none"> · Camp T-shirt (MUST BE WORN EACH DAY YOUR CHILD IS AT CAMP) · Closed Toed Shoes · Backpack · Nutritional lunch and 2 snacks (morning and afternoon snack) · Full water bottle · Swim suit, towel and swim shirt (Each day for Eagle & Gypsum campers and Swimming Field Trips) · Rain jacket and/or sweatshirt · Hat / sunglasses 	<p>Please DO NOT bring the following items: These items can cause problems at camp, and we do not want your valuables to be lost while in our care.</p> <ul style="list-style-type: none"> · Money · Toys / Stuffed Animals · Electronics · Playing / Trading Cards · Candy / Gum
<p style="text-align: center;"><i>Sorry, we do not have refrigeration or a microwave for camper's food—please plan accordingly. Vending Machines will also be off limits to campers and staff during camp hours.</i></p>	

Camp Staff and Supervision:

Mountain Recreation strives to hire the very best people to care for your child/children in our full day camps. All our staff have previous experience working with children, have received extensive training (including CPR/1st Aid) and are thoroughly evaluated on a regular basis to ensure continual high performance. Children will be assigned to a specific counselor group for the entire program day 9am – 4pm and will remain with that counselor. Camp Counselors will take attendance several times during the day to ensure that all campers are accounted for. Prior to 9am and after 4pm, all campers will remain with designated counselor(s) during check-in and check-out time. We always provide a 1:15 staff to child ratio.



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Supporting Positive Behavior Through Guidance & Positive Instruction,

It is our goal to preserve and develop the dignity and self-worth of each child. Disruptive behavior will be addressed without humiliation or physical punishment. We understand that each camper is unique with individual needs. Camp counselors encourage positive interactions with each child through demonstration. Modeling respectful behavior and allowing children to learn how to treat others in a positive way. Each counselor has been trained on positive teaching practices that ensure children's behavior is guided in a positive manner. The first step we take to manage behavior is to offer praise and reinforce desired behavior in alignment with our core expectations.

Our Camp Expectations:

1. Think Safe
2. Be Kind
3. Have Fun

Staff Follow These Steps:

1. Redirection: Point out the inappropriate behavior and offer suggestions about what behavior is appropriate.
2. Cozy Corner: If the behavior continues after redirection, the child will be directed to self-reflective space to calm and center through a soothing activity, identify the emotions, and discuss/review desired behavior with a counselor
3. Mentoring Techniques: A.) FLIP B.) 1,2,3 C.) Breathe with me D.) Learning through play
4. Parent Communication and Collaboration: If a pattern of inappropriate behavior persists, the camp director will meet with the child and parent to negotiate an agreement to redirect the inappropriate behavior. We continuously incorporate our families through daily communications regarding their child(ren) and encourage family involvement to ensure their child(ren) is/are being guided in a positive direction. We will discuss possible resources to best suit the child.

Lost Child Procedures:

In case of a lost camper, parents and the Eagle County Sheriff's Department will be notified. A search will immediately proceed. If on a field trip, parents and local authorities will be contacted.

Television & Media Usage:

On rare occasions, campers are given the opportunity to view a video or DVD at camp. Parents must sign a waiver permitting campers to view movies rated G or PG. If no waiver is on file and parents cannot be reached, children will be given an alternate activity in which to participate during the movie. Television is not viewed during camp at any time. We also request that all video game players, cell phones, iPods, iPads & DVD players are left at home or locked up in the camp safe for the day.

Sunscreen:

Mountain Recreation staff will assist with applying sunscreen to bare surfaces including the face, ears, bare shoulders, arms, legs and feet, 15-30 minutes before outdoor activities. Sunscreen will not be applied to any broken skin or if a skin reaction has been observed. Any skin reaction observed by staff will be reported to a parent. We use Rocky Mountain Sunscreen. Please let us know if your child is not allowed to share or be given sunscreen. If your child required a different sunscreen the bottle must be labeled with your child's name.

PLEASE APPLY SUNSCREEN ON YOUR CHILD BEFORE ARRIVING TO CAMP, WE WILL CERTAINLY RE-APPLY THROUGHOUT THE DAY!



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Illness and Injuries:

Your child should not attend camp if they are displaying any of these symptoms: Fever, respiratory problems, diarrhea, vomiting, sore throat, rash or contagious illness. Rec Kids is not designed to manage sick children. Should your child become sick at camp, your child will be separated from the other campers to lie down while we call you to pick up. If every attempt has been made to get a hold of parents, emergency contacts will be called. If your child receives a minor injury, staff will provide basic first aid. If your child receives a more serious injury, we will take whatever steps necessary to obtain emergency medical care. These steps will include: contacting parents or emergency contacts to bring your child to a physician, if we cannot contact you, or your child needs immediate attention, we will call 911. Please keep all phone numbers and emergency contacts up-to-date at your camp's front desk.

List of symptoms are on the attachments in the back of this packet

Medications:

If your child needs to receive medication while at camp, please complete the Medication Administration Form this is available at any of our facilities. This form must be signed by both a Parent as well as a Person with Prescriptive Authority (Medical Professional). Please return this form to your camp location at least one week prior to your camp session. All medicine must be kept in its original container and have a legible label stating the child's name, directions for dosage, prescription number, name of medication, date filled and physician's name. All unused medication will be returned to the parent/guardian at the end of each camp day, week or session. Medication must be given to the Camp Director or Camp Supervisor at sign in. All medication, with exception of asthma inhalers and epinephrine pens, will be kept by the Camp Medication Administrator or locked in a secure area. Children with asthma may carry their inhaler and use as prescribed under the supervision of the Medication Administrator.

Inclement Weather / Emergency Evacuations:

In the case of inclement or excessively hot weather, children and staff will seek shelter inside their camp facility. If on a field trip, the staff will seek refuge in a safe environment suited for supervision of the campers. If an incident occurs within the camp facility which requires evacuation, the children will be moved to a safe distance from the emergency. Children will be taught monthly the procedure for emergency evacuations. In the event of a natural disaster, the children will be cared for until the parents are able to pick them up.

Transportation:

During field trips, campers will be transported by Eagle County School District Buses. Our day camp follows all ECSD Transportation rules and regulations including all safety protocols. Mountain Recreation camp counselors will continue to follow the 1:15 ratio during all bus rides.



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Child Abuse Policy:

When child abuse is suspected, Mountain Recreation Staff are required to write a detailed account of the conversation or findings regarding any suspected abuse on the Child Abuse Reporting Form and report suspected abuse immediately by contacting the Eagle County Child Protective Services.

Any suspected child abuse or child neglect should be reported to the Eagle County Child Protection Services at (970) 328-7720 or 1-800-CO4KIDS

REPORTING CONCERNS & COMPLAINTS

Any concerns regarding the Mountain Recreation facilities or programs can be directed to:
Colorado Department of Human Services: Division of Child Care Services
1575 Sherman Street- 1st floor
Denver, CO 80203-1714
(303) 866-5958
(970) 328-7720

Most updated Licensing Inspection, Health Inspection, and Fire Inspection are available upon request.
Please Contact Day Camps and Senior Supervisor

CAMP DIRECTOR

Karen Nolasco | Knolasco@mountainrec.org | (970) 688 7329

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